Changes and Options Worth Considering with Health Care Renewals

HBK CPAs & Consultants

42nd Annual Employment Issues

Update and Luncheon

Dec. 15, 2022

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Premium rates are determined by plan designs.

How do you weigh the affordability of premiums vs. the affordability of plan usage?

Plan designs

- Continue to see higher plan deductibles (i.e. \$3500 to \$4400)
- Copays continue to increase (\$40 to \$60 for PCP)
 (ER copay <u>after deductible</u>)
- Higher Out-of-Pocket Limits (up to \$9,100/year)

Networks



 Broad (offers the most in-network providers)

- Narrow (limits some of the in-network providers)
- Most narrow (carrier-owned providers are the predominant in-network providers)

More access = Higher Premiums!!!

Rates

- Continued to see increases throughout 2022
- Seeing both increases and DECREASES for 2023!

We now see true competition! \$1500 plan with one carrier increased 15+% while a \$1000 plan with another carrier showed a 4+% decrease for 1/1/23.

Carriers

Still two main players for fully insured plans in the small group market (<50)

- Highmark
- UPMC

Funding

- Fully Insured
- Self-Funded
- Partially self-funded
 - Level-Funded plans
 - The Difference Card
 - Captives
 - Consortiums

Employee Contributions

- O Do you increase (after increasing incomes) or decrease to offer a more competitive and attractive benefit package?
- O Do you change dependent coverage?
- Are decisions based on cost or the need to attract and retain employees?

Is it time to eliminate your group health plan?

- Individual Coverage Health Reimbursement Account (ICHRA)
- First available in January 2020
- Allows businesses of all sizes to offer employees a monthly allowance of tax-free money, allowing them to buy health insurance that fits their unique needs while controlling costs and addressing ACA compliance.
 - Removes the health plan from the employer benefit package. Does this hurt hiring/retention?
 - Removes assistance from HR (employees are on their own). Saves company time, but what do employees expect from HR?
 - 20 employees could have 20 different plans (confusion).
- CANNOT be offered along with a group health plan.

What about next year?

- Benefits need to be looked at each year as something is always changing.
- What if you try something new and it doesn't work? You can aways fall back on an ACA plan for <50 groups.
- Be prepared for change!!!
 - Cost
 - Benefits
 - Contributions
 - Carriers

Thank you!

If you have questions, please contact:

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